MARSP March 2025 Newsletter

MARSP Program—Senior Life

March's program was provided by Saul Herrera, Director of Community Volunteer Program for Senior Life of Midland. Senior Life is always looking for volunteers to help with various programs for Midland Senior citizens. Info is provided below if interested in volunteering.



Saul Herrera Director of Community Volunteer Program sherrera@seniorlifemidland.org

P.O. Box 80519 Midland, TX 79708 ph: 432.689.6693 fax: 432.689.6699

Our mission is to address challenges related to aging and develop efficient, flexible, and compassionate ways to meet the needs of our community.

- Meals On Wheels
- Handyman
- One Day At A Time
- Meals On Wheels for Paws
- Community Volunteer Program
- Foster Grandparents
- Senior Companion

For volunteer or donation opportunities scan the QR Code or visit our

website at seniorlifemidland.org



MARSP Health Tip

Keep a complete list of your medications with name, dosage and frequency in your billfold attached to your insurance card. Also, include any pertinent medical information such as no sticks in left arm, allergy to specific drugs, underlying health diagnoses, etc. If you're a techy, you can keep these lists on your phone. However, most of us in our group might be more comfortable with a hard copy. It's easy to give such a copy to your medical professionals to copy instead of going through the list from memory. These lists can be exceptionally helpful if you are involved in an accident and are unconscious

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President's Note

Dear MARSP Members

I hope this approaching Spring season finds you looking forward to warming up! Many of you are beginning to receive your WEP and GPO benefits. Check your bank account for deposits and April should reflect an increase in your social security monthly benefits. I want to thank Tim Lee for his Inside Line and his reporting on the Fairness Act. I sincerely hope that increase makes a nice difference in the lives of retired teachers.

Thank you!

Debbie Jordan, President

Thinking Of Our Members

Cards were sent our to members who we have lost or are ill or they have lost a family member. The following have been sent cards since December 2024 to March 7th.

December 11, 2024—Sympathy card sent to Helen Whitehead upon the death of her mother Betty Sue Dillow.

January 2nd, 2025—Sympathy card sent to the family of Barbara Adams acknowledging Barbara's passing.

January 7th, 2025—Sympathy card sent to Iris Hall-Sanders upon the death of her husband Milburn Sanders.

January 23rd, 2025 Sympathy and sent to the family of Jerry John Moreland acknowledging John's passing.

January 30th 2025—Sympathy card sent to Nelda Crandford's family acknowledging her passing.

February 12, 2025—a Sympathy card was sent to Sandy Ramage, TRTA Odessa Chapter President, on the death of her husband, Marcus Ramage.

March 6, 2025— a get-well soon card was sent to Valerie Ponder on behalf of her husband's illness and month long stay in the hospital

March 7, 2025- a get-well soon card was sent to Dorothy Blair during her hospital stay.

March 7, 2025 -a get-well soon card was sent to Patty Alexander, who is recovering at home

MARSP Membership News

MARSP Membership is now at 251 members, since we had a new member join during the March meeting--YAY! TRTA has reached an amazing 96,372 members! Although the MARSP/TRTA membership year is July 1, 2024-June 30, 2025, the membership drive for the 2025-2026 year began on March 1st, so we sent membership renewal forms in the mail or handed them out in our March 6th meeting. TRTA dues are \$35; MARSP dues are \$15. Most members send a \$50 check to MARSP which covers both payments; however, there are members who pay TRTA and MARSP separately. The renewal form indicates how you paid last year. Please send the indicated amount and the top half of the form (with any personal info changes on the right side of the form) to the MARSP address using the enclosed envelope.

New member to add to your 2024-2025 MARSP Yearbook:

Estella Aleman, ealeman2011@gmail.com, 352-2586, 2108 Abbey Pl., Midland, TX 79707, 1/25

We always LOVE to meet new people (and potential members) at our meetings, so please continue to invite others! Reach out to other retirees!

Try to be a rainbow in someone's cloud.--Maya Angelou

Thank you!
Paula Knight
MARSP 1st VP/Membership
pvknight432@gmail.com





See everyone at the next MARSP luncheon on **April 3rd**.

Please contact Bayta Cullen for a lunch reservation before Monday March 31st.

Volunteer Hours and Opportunities

Saul Herrera, Director of Community Volunteer Program, spoke to MARSP members on March 6 at our monthly luncheon about volunteer opportunities that are available to us as seniors if you are interested in becoming a Senior Life Volunteer. Following, are some programs that need volunteers that you might consider becoming a part of through Senior Life.

- Homebound Services like, Meals on Wheels Packaging and Delivery
- Foster Grandparents
- Senior Life Giant Garage Sale
- Senior Companions
- (And Many More Opportunities)

What's great about taking advantage of these opportunities is that we can use <u>the same</u> <u>volunteer hours to our count for MARSP hours!</u> You can contact Saul Herrera, Senior Life at

sherrera@seniorlifemidland.org

432-689-6693

