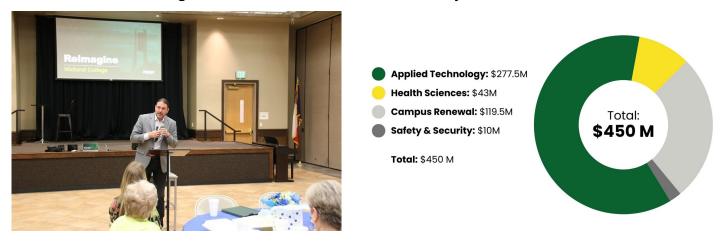


Dr. Damon Kennedy, President of Midland College gave an overview of Midland College's upcoming bond entitled "Reimagine MC" that will be voted on May 3rd,



Social Security Info with Tim Lee

Thank you for your participation in the Texas Retired Teachers Association's (TRTA) Live events every Friday at 2 p.m. Central.

They are taking this week off from their regularly scheduled program in observation of the Easter holiday. Next online meeting will be on April 25th.

Rest assured, they will be back next week! Next week's update will focus on latest happenings at the Texas Capitol and the continued implementation of the WEP and GPO.

Upcoming Elections

Joint Special Election, Midland County – Saturday, May 3, 2025

MIDLAND COUNTY UTILITY DISTRICT

Proposition A - Voters in Midland will vote either FOR or AGAINST the issuance of a \$645 million water infrastructure bond to provide a safe and clean, reliable water source and drainage system, etc.

MIDLAND COLLEGE

Proposition A - Voters in Midland will vote either FOR or AGAINST the issuance of a \$450,000,000 bond for designing, constructing and equipping new facilities to expand workforce training through the addition of an Applied Technology Complex and a Health Sciences Facility, etc.

Early Voting begins April 22 – April 25, 8:00 AM – 5: PM

April 26, Saturday, is from 8:00 – 5:00

April 27, Sunday, 1:00 – 5:00

April 28 – Apr. 29, Monday and Tuesday, 8:00 – 5:00

Thinking Of You

A Get-Well Card was sent to Betty McAnally on behalf of her husband's surgery scheduled for April 2, 2025.

 Since the MARSP/TRTA 2025-2026 Membership Campaign began on March 1, 2025, membership for 2024-2025 has closed at 251 members on our local roster. Renewals for next year are being delivered to the P.O. box almost every day! We're now at 145 members for the 2025-2026 membership year. If you haven't mailed in your form and payment yet, please do so SOON! It's easy to forget the longer you take to send it in!

With members sending in renewal membership forms and payments, members have also been updating their information. Please update your 2024-2025 MARSP Yearbook for the following members:

- 1. David Adams new email and phone #, dadams432@icloud.com, 238-0448B
- 2. Barbara Aretz new email, barbara196@aol.com
- 3. Katherine B. Arrell new phone #, 296-2960
- 4. Mary E. Burrichter new phone #, 559-6283
- 5. Karan Carlton new address, 133 Bayshore Dr., Amarillo, TX 79118
- 6. Rebecca Colgin new phone #, 301-6179
- 7. Virginia Conner, delete email address
- 8. Jennifer Cooper new email, jennifercooper4726@gmail.com
- 9. Barbara Cox new address and phone #, 486 Kiowa Circle, Robinson, TX 76706,54-421-1970
- 10. Sandy Emmerson new address, 6828 Sunrise Ct., Midland, TX 79701
- 11. Anne Gilley new email, annegilley3@gmail.com
- 12. Carolyn Mayes new phone #, 432-935-3661
- 13. Shirley Moreland new email and phone #, patricia@humdingerequipment.com,806-441-6742
- 14. Darlene Olson new phone #, 553-3075
- 15. Anita Patton new address, 21902 Franklin Par 502V, San Antonio, TX 78259
- 16. Mary Peterson new email address, Petersonamary@gmail.com
- 17. New Member: Jimmy Whitehead, 4103 Dyer Circle, Midland, TX 79707, jlwgrits@gmail.com, 978-5380, 4/12
- 18. Nancy Young new phone #, 296-1388 and delete her email address

We only have the May meeting left prior to the summer break, so PLEASE invite retired educator friends to enjoy the food, socializing and speaker. We always LOVE to meet new people (and potential members) at our meetings! Thank You!

Paula Knight, MARSP 1st VP/Membership pvknight432@gmail.com

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Page 4

Your Health

Thumbs up To Potassium

Don't neglect potassium, concentrated in fruits, vegetables and seafood as it is a strong hypertension medicine. Adding potassium to the diet can lower blood pressure and taking it away can can raise it. Deliberately eating a low potassium diet can cause high blood pressure. Potassium also helps keep a sodium diet in check. Too little potassium leads to sodium retention, which over time, may trigger high blood pressure. Getting enough potassium can also lower the doses of medication you need. A few good sources are medium baked potato, cantaloupe, avocado, dried peaches and prunes, tomato juice and yogurt.

May 1st will be our last meeting for the 24-25 year. Would to see everyone there!

Please have your lunch reservations emailed to Bayta Cullen by April 28th.

