

# MARSP Newsletter

## NOVEMBER 2009

[www.midlandretireded.org](http://www.midlandretireded.org)



October 22, 2009  
MARSP  
Box 4954, Midland, TX 79704

### JOIN US FOR THE NOVEMBER MEETING!

- **KATHRYN SHELLEY OF THE APHASIA CENTER WILL SPEAK ABOUT APHASIA**
- **MARTHA KALLUS WILL DISCUSS THE TRTA FOUNDATION**

- ▶ Thursday, November 5, 2009—First Baptist Church
- ▶ Fellowship Hall—11:30 a.m. Meet and Greet
- ▶ 12:00 noon—Lunch
- ▶ 12:30 p.m. - Program and Business

●●●▶ Be sure to call Anita Patton at [432- 697-1602](tel:432-697-1602) or e-mail her at [apatton123@sbcglobal.net](mailto:apatton123@sbcglobal.net) by **Monday, November 2**, for reservations for you and your guest. A reservation for a meal is a commitment to make payment of \$5.00, even if you cannot attend.

### Scholarship

The MARSP Scholarship is given annually to a UTPB student acquiring a teaching certificate. Donation bags are available at each meeting. Please contribute \$5.00 at this November meeting for the entire first semester. If you have already contributed, thank you.

Donations have been made to the MARSP Scholarship Fund in memory of the following:

Eva Tabor  
Joe Eddie Wood (son of Sheila Ketcham)  
Jamie Pherigo  
Gene Van Huss (spouse of Angela Van Huss)  
Eileen Alldredge (aunt of Diantha Dawkins)  
Wanda Riddle (mother of Jennifer Cooper)

...and in honor of the following:  
Anella Van Huss

### MEMBERSHIP NEWS

Current MARSP membership is 365. This number is 2 more than the final count, in January 2009, for last year.

**Suggestion:** After reading your newsletter, consider mailing your copy, along with a personal invitation to join MARSP, to a friend who is not a member. Dues of \$40.00 should be mailed to MARSP, Box 4954, Midland, TX 79704. Call Mike or Kathy Landrum, 697-7727, with questions.

### Make Your Voice Heard

TRTA has filed its official legal opinion on why we should receive the supplemental payment that is now on hold, pending a ruling by the Texas Attorney General. Please consider emailing the Attorney General through a special TRTA link at

<http://www.votervoice.net/link/forward/trta264115.aspx>  
Then click the "take action" link.

### BOOK PROJECT

447 books have been donated this year already. Bring yours to the November meeting.

### IN MEMORY

Don Grazier  
Shannon Fredericks  
Judy Baber  
Kathleen Liggett  
Tenola Bell

Call Pat Adams at 697-3339 with news of health concerns.

### MARSP MEMORY BOOKS



View past Memory Books at Central Office in the room behind the Board Room. Ann Dixon is preparing a digital book for us this year.

THE MARSP PROGRAMS, LEADERSHIP, DISTRICT AND STATE DATES, AND SLIDESHOWS OF EVENTS FOR 2009-2010 ARE LISTED ON OUR WEBSITE, [HTTP://WWW.MIDLANDRETIRED.ORG](http://www.midlandretireded.org).



## MARSP Luncheon Meeting Minutes

### October 1, 2009

The Midland Association of Retired School Personnel met on Thursday, October, 2009, at the Fellowship Hall of First Baptist Church. President Ann Parish call the meeting to order at 12:25 p.m.

President Parish called on Leonard Boyd to lead the invocation and the pledges to the American and Texas flags. President Parish recognized several guests and introduced two new members, Sherley Peters and Cynthia Savage. It was announced that our current membership stands at 363, which was the same number we had last January for the final count.

Sharon Welch, Second Vice-President introduced the program, Jody Nix from Big Spring. Following the program of lively country western music, President Parish presented Mr. Nix with a certificate acknowledging that a donation to the scholarship fund had been made in his honor.

There were no corrections to the minutes of the September meeting so they were filed as written. The treasurer's report was approved and filed for audit.

President Parish thanked Orin Wade for providing piano music during lunch and Martha Kallus for the centerpieces. President Parish announced that the Junior Achievement was looking for volunteers to work with elementary, high school and college-aged students. Flyers were placed on the tables for those interested. It was announced that Celebrations of Light would be held December 12. President Parish read a thank you letter from Pat Meadows with the Children's Clinic, thanking MARSP for the donation of children's books.

Karron Pearson, Health Care Co-Chairman announced that Midland's Health and Senior Citizens Services would be giving flu shots for \$15. It was announced that next month's program would be about the Aphasia Center and the Texas Retired Teachers Foundation. Nancy Young presented President Parish with last year's scrapbook which will be placed in the room behind the Board Room at Central Office. Free Lunch certificates were awarded to Deanna Dunn for volunteer hours and to Mary Jo Boyd for steps. The meeting was adjourned at 1:05.

Nancy Doss—Secretary

### Texas DPS Roadside Assistance Hotline

The Texas DPS has a toll-free number for motorists to contact for non-emergency roadside assistance—1-800-525-5555 which is printed in very small letters on the back of your driver's license. It is not a substitute for 911. The Hotline is answered in Austin and relayed to the appropriate police agency that will provide the help or send a unit to check on the motorist's welfare until help arrives. Motorists may call the Hotline if they are stranded, there are hazardous road conditions, debris endangers the roadway, suspicious activity develops at a rest area, or if one detects intoxicated or dangerous drivers. If the situation is an emergency, call 911. If a tow truck is needed and dispatched, the motorist is responsible for any costs incurred. DPS troopers do not repair vehicles on the roadside nor do they carry extra fuel or unlock vehicles. Customers of wireless companies, Verizon, Sprint, AT&T, US Cellular, and T-Mobile can also dial \*DPS (\*377) free of airtime charges anywhere in Texas and receive roadside assistance.

For further details, go to [txdps.state.tx.us](http://txdps.state.tx.us).

### Health Corner

Super foods that relieve allergies to pollen, dust, mold, etc. and reduce inflammation are as follows: fruits high in Vitamin C such as oranges, strawberries, apples and grapes; nuts high in Vitamin E such as almonds, hazelnuts, peanuts, walnuts and flaxseed; cold water fish for Omega-3 fatty acids such as wild salmon, mackerel, trout, herring, and sardines; tea, including green, white, or black. Foods high in zinc needed to fight antibacterial and antiviral effects that provide relief for immune systems overtaxed by fighting allergies are oysters, shrimp, crab, legumes, and whole grains. (Leo Galland, MD, Foundation for Integrated Medicine).

### Benefit of the Month

[AMBA TravelPerx-800.480.4080—www.ambatravelperx.com](http://www.ambatravelperx.com)—Special offers are available on fantastic cruises, resorts, and escorted tour vacations to the Caribbean, Mexico, Panama Canal, Europe, Alaska, South America and Asia.

### TRTF Offers Scholarships

The Texas Retired Teachers Foundation offers scholarships which are available for students who are related to TRTA members and also offers grants to active classroom teachers for innovative classroom projects. To find out about applications, go to [www.http/trtf.org](http://www.http/trtf.org). Support our Foundation and help it work for you.

### Community Volunteer Service

The report of volunteer hours this year has been impressive. In 2008, TRTA members collected 4,994,139.5 volunteer hours. The hours were valued at \$20.25 with a dollar value of \$101,131,320.

**Continue your volunteering and reporting.**

### Volunteer Hours ▪ October '09

Name: \_\_\_\_\_

Number of Hours: \_\_\_\_\_

### Walking Steps ▪ October '09

Name: \_\_\_\_\_

Number of Steps: \_\_\_\_\_