

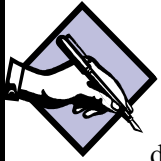
MARSP Newsletter

November 2011

www.midlandretireded.org



November 3, 2011
MARSP
Box 4954, Midland, TX 79704



MARSP LUNCHEON MEETING MINUTES

October 6, 2011

The Midland Association of Retired School Personnel met Thursday, October 6, 2011, at the Fellowship Hall of First Baptist Church. President Dorothy Thompson called the meeting to order at 12:25. Leonard Boyd led the members in the invocation and pledges to the American and Texas flags. President Thompson thanked Nancy Doss for the lovely fall table decorations. President Thompson welcomed and recognized Patti Herd as the new member.

Pat Adams introduced our speaker, Violet Singh from the Midland-Odessa Symphony and Chorale, to present its major milestones as it kicks off its 49th season. The magnificent Wagner Noel Performing Arts Center will be opening this fall. Pat presented Violet with a certificate of appreciation indicating a contribution to MARSP's scholarship fund in her honor.

Charlie Zeni, representing AMBA, discussed the benefits, programs and insurance benefits that are offered to Texas retired personnel.

The minutes of the September meeting were printed in the October newsletter. When no revisions or corrections were noted from those present, they were filed as reported. Copies of the treasurer's report were distributed. When no revisions or corrections were noted from those present it were filed for audit.

Karron Pearson made a motion to adopt the proposed MARSP Budget for 2011-2012. Leonard Boyd seconded the motion. The motion passed with no opposition. First Vice-President Mike Landrum reported that we currently have 377 members, the highest ever in our organization. He encouraged every member to recruit one other member. Our county has 1431 TRS annuitants who bring about \$35 million into our local economy. These people need to be part of making decisions about TRTA.

Pat Adams, Second Vice-President, reported that the program for the November meeting will be Trish Powell of the Better Business Bureau, who will speak on senior citizen scams. She urged us to continue to bring books to contribute to local children and seniors. Diantha Dawkins, scholarship chairman, reported that \$65 was collected today.

Karron Pearson conducted a drawing for a \$10.00 donation from AMBA. Scott Adams was the winner. For a free luncheon, the winner was Jean Alvey. Nancy Young conducted the drawing for another \$10.00 AMBA donation. Kay Martin won. For a free luncheon, the winner was Jean Alvey.

The meeting was adjourned at 1:30.

Deanna Dunn
Secretary

Executive Board Highlights



- ◆ Martha Kallus reported that November is Texas Retired Teachers Foundation month. The "Classroom Assistance Grants" offers funding for projects that classroom teachers would like to do but do not have school funds for implementing them. The "Helping Hands" program offers a one-time grant to a person in need. The third program, the "Foundation Scholarship Program", awards scholarships to relatives of TRTA members.
- ◆ The MARSP scholarship award has been raised to \$1500. An additional \$500 was awarded to Bo Sun's scholarship. She received \$1000 this summer.
- ◆ Pat Adams reported that "Storybook Christmas" will be a recipient this year of some of MARSP's collected books. Our book drive is still in progress and will continue through December.
- ◆ District 18 is the first in Texas to have a web page. You may visit it at TRTADistrict18.org.

★ Articles for the Newsletter ★
★ Please send MARSP Newsletter ★
★ articles to Joyce Whitley or Carole ★
★ Miller, 1210 W. Golf Course ★
★ Road, 79701 or ★
★ joyce.whitley@gmail.com. ★



Please Come to the November Meeting

Don't forget to put Thursday, **November 3**, on your calendar. This is the date for the next meeting of MARSP. The guest speaker will be **Trish Powell with the Better Business Bureau**. She will be speaking to us about scams in the Permian Basin that target seniors and how to recognize and safeguard yourself against them. Meet and greet begins at 11:30 a.m. followed by lunch at 12:00 noon. **The cost is \$5.00, and your reservation is your commitment to pay, even if you cannot attend.** Trish will begin speaking at 12:30 p.m.

Call Anita Patton at **432-697-1602** or e-mail her at **apatton123@sbcglobal.net** by Monday, October 31.



Letter of Appreciation Received

The following letter was received from Bo Sun, the recipient of the 2011-2012 MARSP scholarship.

Dear Midland Association of Retired School Personnel,

I am writing to express my sincere gratitude to you for receiving the MARSP scholarship. It was my honor to learn that I was selected by the committee as the recipient of 2011-2012 and I am deeply appreciative of your support.

I am a graduate student and currently working on my teaching certificate with hopes of becoming a high school teacher. The financial assistance you provided will be of great help to me in lightening my financial burden of my education, and it will allow me to concentrate more of my time for studying.

Thank you again for your generosity and support. I promise that I will work very hard and eventually give back to the students in Texas and help them to be successful in the future.

Sincerely,
Bo Sun

MARSP accepts donations for the scholarship throughout the year, and it is awarded in the fall. You may make a donation in memory of or in honor of someone, and a card will be sent to the appropriate person.

Thank you for your support of this worthwhile project.

Diantha Dawkins
Scholarship Chairperson



Why Buy Organic?

Better yet, what IS organic? Organic refers to the way farmers grow and process foods, such as fruits, dairy products, vegetables, grains, and meat. Natural fertilizers and manure are used instead of chemical fertilizers. Beneficial insects and birds are used instead of chemicals to reduce pests and disease. The following is a list of “dirty dozen” produce. They are all good for you, but you should buy the organic variety when possible: **celery, peaches, strawberries, apples, blueberries, nectarines, bell peppers, spinach, kale, cherries, potatoes, and grapes.**

If you're concerned about the environment and your family's health and safety, organic could be the way to go.

Karron Pearson
Health and Wellness Chairperson



TODAY IS THE OLDEST YOU'VE EVER BEEN, YET THE YOUNGEST YOU'LL EVER BE, SO ENJOY THIS DAY WHILE IT LASTS.



Remembering Our Members

The extra cards that have been shared with the friendship chairperson are greatly appreciated. The response has been so overwhelming that she no longer needs any more at this time. If you have cards that you do not need, could you please hold on to them for just a little while. As soon as more are needed, I will put out a call for them. Thank you so much for donating the cards.

Thinking of you cards were recently sent to Carole Clay, Nancy McNerney, Sandra Manley and David Adams. Sympathy cards were sent to Helen Coldeway and also to the families of Patricia Sharp Jones, a former member, and Tommy “Flattop” Johnson, a teacher. A Get Well card was sent to Elizabeth Denison. We also sent a thank you card to Jarvis Salmon. She has shared her beautiful and unique handmade cards with us on several occasions, and we appreciate her generosity.

If you know someone who would appreciate a card, please contact Patti Watson at pnw1000@gmail.com or call her at 697-1170.

Patti Watson
Friendship Chairperson



Oh!! My Aching Joints!!!

If you are bothered by aching joints, you might try this anti-inflammatory spice mix recipe:

- 1/2 tsp. black pepper Sprinkle this mixture over cauliflower, broccoli, cabbage, onions.
- 1/2 tsp turmeric Use your favorite drizzle such as olive oil and roast in the oven on
- 1/2 tsp garlic salt a cookie sheet at 350 degrees for 15-30 minutes.

Help for Your Immune System

- Smoothies
- Salmon
- Spices
- Salad



Volunteer Hours—October 2011

Name: _____

Number of Hours: _____

Walking Steps—October 2011

Name: _____

Number of Steps: _____



**“Each One Bring One”
Membership Campaign**

Major Points

- ➔ A member may win \$100 for recruiting a “new” member, a person who has never joined TRTA or has not been a member in the past three years.**
- ➔ A member is eligible for entry in the drawing for each new member recruited.**
- ➔ When the new member joins, dues and the “Each One Bring One” form below are submitted to MARSP, P.O. Box 4954, Midland, Texas 79704.**
- ➔ All dues and forms must be submitted by January 31, 2012.**
- ➔ During the TRTA District 18 Caucus at the 2012 TRTA State Convention, the winner will be selected. (The winner does not have to be present to win.)**
- ➔ These instructions may be reproduced from the form stored at the home page of MARSP, <http://www.midlandretireded.org>.**

“EACH ONE BRING ONE” RECRUITMENT FORM

LOCAL UNIT MEMBER

Name: _____ Member ID: _____

Local Unit: Midland Association of Retired School Personnel District #: 18

NEW RECRUIT (Has not been a state member for the past three years)

Name: _____ Join Date: _____

CERTIFICATION

I certify that the above new recruit qualifies for the “Each One Bring One” Campaign.

Local Unit Membership Chairman: _____

Local Unit Treasurer: _____

LOCAL UNIT MEMBER INSTRUCTIONS

After recruiting new member and collecting dues:

1. Fill in your name, member ID, local unit and district number.
2. Fill in new recruit name and join date.
3. Submit completed form to your Local Unit Membership Chairman by January 31, 2012.

Prize drawing will be conducted at the 2012 TRTA Annual Convention during your District Caucus.

For more information visit www.trta.org/eachonebringone.