

MARSP Newsletter

December/January 2016

MARSP, Box 4594, Midland, TX 79704

**Please Come to the December Meeting
December 3, 2015**

**Program: "Suzy's South Forty History"
presented by Suzy Hitchcock-Hall, owner.**

As always, meet and greet will begin at 11:30 with lunch being served at 11:45, followed by the program at 12:15. The cost is \$6 and your reservation is your commitment to pay.

**Call Anita Patton at 432-697-1602
or e-mail her at
apatton123@sbcglobal.net by Monday,
November 30, 2015.**

If you would like to join us just for the program, a reservation is not needed.

***Pictures to be taken at 11:30 of Board
Members!***

**Please come to the January 7th meeting.
"How to Prepare and Serve Plant-based
Foods."**

**Presenter Rhonda Carr, Certified
nutritionist/dietician.
Usual time and place.**

MARSP LUNCHEON MEETING MINUTES

November 5, 2015

The regular meeting of the Midland Association of Retired School Personnel was held on November 5, 2015, at 11:30 a.m. at First Baptist Church, President Ann Parish presiding. The invocation and flag salute were led by Nancy Doss, and table decorations were provided by Karron Pearson. During lunch, video clips highlighting the work of the TRT Foundation were provided by Gail Wacker and Mike Landrum. At 12:15 p.m. President Parish called the meeting to order and welcomed both members and guests.

PROGRAM

Sheila Morrow introduced the guest speaker, Mr. Dennis Gilmore, who is the Floral Department Manager at HEB. Mr. Gilmore's program, "Holiday Floral

PRESIDENT'S MESSAGE

Dear Friends,

As the holiday season approaches, we seem to get busier and busier. So my wishes for you include not only joy and happiness, but also serenity. Amid what may seem to be frantic preparation—cooking, traveling, shopping, decorating—may you also find moments of calm reflection and peace.

Sincerely,
Ann

Designs,” gave members tips on arranging flowers, using them for table décor and caring for cut flowers. A question and answer session followed Mr. Gilmore’s presentation. Sheila then presented Mr. Gilmore with a certificate of appreciation.

NEW BUSINESS

President Parish asked members if there were any additions or corrections to the October minutes posted in the Newsletter. The minutes were approved as printed. Members were also asked to review copies of the Treasurer’s Report that were on the tables. The report was for two months; no corrections were made, so the report will be filed for audit.

Karen Burden reminded members that November is Foundation month and asked members to donate generously. Containers were provided on each table for donations.

ANNOUNCEMENTS

President Parish expressed thanks to Mike and Kathy Landrum for compiling the 2015-2016 yearbook. She also thanked Mike and Kathy Landrum, Linda Buzan, Sheila Morrow, Nancy Young and Dorothy Baird who helped her prepare the yearbook and newsletter for mailing.

It was announced that the MARSP membership stands at 318. Michele Harmon is continuing to send recruitment/renewal notes and make phone calls to at-large members encouraging them to join the local unit.

Sheila Morrow reported that 4,174 books have been donated this year. Members were asked to **bring at least one book to the December meeting.**

The Board of Directors for MARSP will meet on Monday, November 9, 2015 at the Centennial Library at 1:30 p.m.

Karron Pearson conducted the health and exercise drawing and announced the winner, Betty Bagwell. The winner for the volunteer hours drawing was Patti Watson. Jennifer Cooper reminded members to be ready to turn in their volunteer hours at the December meeting.

Community activities that were announced:

Midland-Odessa Symphony & Chorale’s Annual Holiday Concert, December 5, 2015.

HEB Feast of Sharing at the Horseshoe Arena, November 6, 2015.

Celebrations of Lights, MISD’s annual Storytelling event, December 12, 2015.

President Parish also reported on members dealing with health issues. With no further business, the meeting was adjourned at 1:03 p.m.

**Karen Burden,
Secretary**

Committee Reports

Kerry Kay Cook, Membership

Total membership at this time is 318.

Virginia Conner/Lois Templeton, Retirement Education Co-chairmen

The January Education Workshop to inform future retirees will be held at Midland College at the Carrasco Room. Pam Buckley from Andrews is the District 18 Retirement Education Chairman for 2015-2016 who has contacted her committee members from District 18. Virginia Conner and Lois Templeton from our Midland chapter will be assisting Pam at the February 6, 2016 event for teachers contemplating retirement.

Virginia

Conner

Patti Watson, Friendship Chairman

“Thinking of You” card sent to Dorothy Thompson following a wreck.

“Sympathy” card sent to Lyn Fishman for the death of her husband, Noah.

“Thank you” card sent to Jarvis Salmon for the donation of hand-made greeting cards.

Sheila Morrow, Children’s Book Project

Please bring a book to the December meeting for donation.

Karron Pearson, Health Care

Butter Alternative

A butter alternative in the news is **Ghee**, a clarified butter that offers positive health benefits in which it has been used in India for millennia. Studies reveal a benefit for lowering cholesterol, removing toxins from deeply seeded impurities, digestive disorders, and numerous other ailments. The lubrication and nourishment of the easily digested fat helps the body to regain sturdiness as well as moisturize the inside of the body for dryness. Additionally, it may be used topically for other aspects of body dryness.

A *Teacher*
is a compass that activates
the magnets of *curiosity*
knowledge & *wisdom*
in the pupils.
Ever Garrison